

Announcement
Figure Skating Camp Peurunka, Finland
09.06.19- 29.06.19



We would like to warmly invite you to our summer camp 2019. The camp will be held in the Sport Institute Peurunka which is located close to Jyväskylä. For the athletes, we are offering different practice packages for the different levels. These categories are described below. All prices include all practices, plus ice cost and cost of off-ice amenities. **The prices for accommodation and meals you will find in a separate email.**

Practice

Duration of the Practice Practice per day - 5 ½ practice days	Group 1 Junior & Senior	Group 2 Pre-Novice/ Novice / Junior B	Group 3 Beginners & debs	Group 4 Adults & Hobby & Novice B
Technique on ice	2x 50 min	2x 50 min	1x 50 min	1x 50 min
Spins and steps on ice	1x 50 min	1x 50 min	1x 50 min	1x 50 min
Dancing / ballet / dance workout	60 min	60 min	60 min	60 min
Athletics	60 min	60 min	45 min	60 min
Body recovery / Stretching / Yoga	45 min	45 min	-	45 min
Last practise day:	1x 50 min ice & 1 x 60 min Athletics	1x 50 min ice & 1 x 60 min Athletics	1x 50 min ice & 1 x 60 min Athletics	1x 50 min ice & 1 x 60 min Athletics

The size of the groups for technique training on ice, will be max. 6 Athletes per coach.

Prices Group	Level	1 week	2 weeks	3 weeks
1	Junior/Senior (2 A & triple jumps)	550,00 €	950,00 €	1.350,00 €
2	Pre-Novice/ Novice/ Junior B (you need to do all double and working on 2 A & Triple Jumps)	550,00 €	950,00 €	1.350,00 €
3	Beginners & debs (single and beginning of double jumps)	400,00 €	700,00 €	1000,00 €
4	Adults & Hobby & Novice B (single and double jumps)	500,00 €	850,00 €	1200,00 €

In addition, we are offering following:

Extra offers	Time in min.	Cos per session
Extra Ice/Patch / per day (just possible with a coach) + extra Coaching/Choreography costs	50	10 €
Private Coaching on ice and off-ice (You can book this during the camp)	50	The price depends on the coach (50-75€)
Extra Off-Ice at the group (Stretching, Body recover etc.)	60	10 €
Choreography is not incl. in the practice package Choreography starts from Novice level up to Senior level	50	-

Choreography is separated from the practice package. If you want to have choreography, you need to book it directly with Adam Solya (figureskatingcamp@outlook.com). He will offer different packages for Novice, Junior and Senior categories and other Levels. Please contact him directly for more information about his choreography lessons.

Accommodation for athletes & fellow travellers

Accommodation information will be sent in a separate email to you with all the details. You need to book the accommodations directly with the Institution Peurunka. You can book under salla.haapsalo@peurunka.fi or jaana.lainejoki@peurunka.fi If you have any questions about accommodations and food for the camp, please contact them directly.

Arrival and departure:

Arrival days should be	09.06.19 or 16.06.19 or 23.06.19.
Trainings begins	10.06.19 or 17.06.19 or 24.06.19 (in the morning)
Training ends	15.06.19 or 22.06.19 (after the practice on the 21.06.19 there will be a show with skaters from this camp) or 29.06.19 midday.
Departure	16.06.19 or 23.06.19 or 30.06.19

We recommend flying to Helsinki. From the airport, there is a train connection or bus (<https://www.onnibus.com/home>) to Jyväskylä. From the railway station Jyväskylä public buses will bring you conveniently to the main entrance of Peurunka.

The deadline for the entry is 31.01.2019. After this, we will let you know if you have secured a place in the camp.

In the event that there are too many applicants, we will accept the applications in the order we have received them. After you have been registered, you will receive an account number for the bank transfer for the booked packages.

Skaters who wish to skate in the show should bring some costumes with them.

Important information:

Insurance

All athletes must purchase health insurance for the camp. In addition, we recommend acquiring travel insurance as well. Please contact your own insurance companies.

Responsibility

The organizer is not held liable for you or your health on or off the ice. All skaters who are under the age of 18 years should travel with a parent or guardian. For emergency cases, we have a doctor, MD. Valtter Virtanen, in the camp. He will take care of the first aid if something happens to you during the practice sessions and will bring you to the closest hospital, if necessary.

Payment

You will receive two different bills; one for board and lodging, and another one for the practice. For board and lodging, you will get a bill from Peurunka, and the other one from us.

Deadline for paying the practice bill and accommodation will be 28.02.19. After this, your place will be given to the next in line.

Cancellation

In case of cancellation, a written form is required. We will charge 50% of the booking when the written cancellation is done 1.3.-30.4.2019. After 1.5.2019 we will charge 100% of the booking.

Other information

The camp is located on the lake. The participants and their families can go swimming and use boats if they wish, at their discretion

If you have allergies or medical conditions, please let us know. Your data will be treated confidentially.

There is also a possibility to book massage and physiotherapy in the institute. Further information can be found here: <https://peurunka.fi/en/>

Additional activities:

Glow-in-the-dark; Bowling; Disc Golf; Fatbikes; Curling; ATV Safaris; Snowmobile Safaris; Paddling; Hiking etc.

We are glad to have numerous future stars in the camp and we are sure everybody will enjoy their time together.

Your coaching team



Carine Herrygers (just from **09.06.19 – 15.06.19** at the camp available). **TO IMPROVE YOUR BASIC SKILLS AND TECHNIQUE ON THE ICE!** Former Belgian Champion Carine won Belgian Figure Skating Championships in all categories and took part at the Junior World Championships twice. Carine coaches on a European, World and even Olympic level. She coached many skaters all the way up to the highest international level, including current Belgian champions Jorik and Loena Hendrickx. Carine is and has been Jorik's coach for almost 16 years and started coaching his sister Loena more than 12 years ago. At the most recent European championships Jorik finished 4th . Next to all these great results, Jorik also placed 16th at the Olympic Winter Games in Sochi in 2014, and 14th at the Pyeongchang games. Loena's results are very impressive as well, 7th on her first European performance in 2017 and 5th in the most recent edition. She placed 15th on her first World championship in 2017 and performed her first Olympics recently in Pyeongchang and finished. Carine is organizing these very successful summer camps for more than a decade. She has been the head coach of this program since the beginning. Sharing her knowledge with many international skaters, she still believes everybody can always improve as a skater but also as a coach, and now she's ready to share her knowledge and experience with you.



Jorik Hendrickx (just from **17.06.19 – 29.06.19** at the camp available), **IMPROVE YOUR SKILLS UNDER SUPERVISION OF AN OLYMPIAN!** For years Jorik was competing at European and World Championships. a 4th place at the 2017 European Championships was probably his most successful result. Also winning the Olympic qualification tournament (Nebelhorn Trophy 2017) was a memorable moment! Jorik performed twice at the Olympic Winter Games, Sochi (16th) and PyeongChang (14th). Jorik, known for his exceptional skating skills and interpretation of the Music, is a perfectionist with a razor-sharp eye for detail and technical elements. Firmly believing that only hard work and 100% dedication will make you achieve your goals. He is passionate to inspire and pass on his knowledge to other skaters!



Svetlana Knorr (just from **09.06.19 - 23.06.19** at the camp available) she is a coach from Germany. She has all kind of skaters, including junior and senior skaters, who compete internationally.



Alina Mayer-Virtanen, Bachelor of psychology (part-time at the camp), is 32 years old and she is skating at the international level in single skating. She is coaching single skating since 2013 in Oberstdorf, Germany.



MD. Valtter Virtanen (part-time at the camp available), is 31 years old and he has participated in several European and World Championships in single skating. He is a Doctor of Medicine and he is coaching and giving athletics lessons since 2015.



Adam Solya (just from **09.06.19 – 23.06.19** dance, choreography, body recover available). He is a European, World and Olympic Choreographer in Figure Skating. He is also a professional dancer and musical artist. Since 2011 he works as the house choreographer for the Royal Conservatorium of Brussels.

During the camp the coaches could do small group changes on the ice that the athletes could practice in a homogenic group.

Registration Form

Personal details

Name of the skater	Date of birth	Club
Name of the parent	Street	Post code & city
Email	Phone	Country
I can jump following jumps		

We would like to book following for athletes' package:

Group 1 Junior/Senior (2 A & triple jumps)	<input type="checkbox"/> 1 week <input type="checkbox"/> 2 weeks <input type="checkbox"/> 3 weeks
Group 2 Pre-Novice / Novice / Junior B (all double jumps & triples)	<input type="checkbox"/> 1 week <input type="checkbox"/> 2 weeks <input type="checkbox"/> 3 weeks
Group 3 Beginners / Debs (single and double jumps)	<input type="checkbox"/> 1 week <input type="checkbox"/> 2 weeks <input type="checkbox"/> 3 weeks
Group 4 Adults, Hobby, Novice B (single and double jumps)	<input type="checkbox"/> 1 week <input type="checkbox"/> 2 weeks <input type="checkbox"/> 3 weeks

Additional practice:

No. of sessions / How many programs

Extra ice patch 50 min.	
Private session on ice 50 min	
Private off- ice 45 min.	
Choreography Short Program	
Choreography Long Program	
Choreography Both Programs	

I will take care of the health insurance for the camp (mandatory).

I have read and understood the content for cancellation (above) and I accept the criteria of matter.

I have read and understood the content for responsibility (above) and I accept the criteria of matter.

Date, place, signature of skater or parent (if the skater is under 18 years)
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Sample consent form for the use of photographs or video (Parents and children).

([Figure Skating Camp Peurunka, Finland](#)) recognises the need to ensure the welfare and safety of all young people taking part in any activity associated with our organization.

In accordance with our child protection policy, we will not permit photographs, video or other images of young people to be taken without the consent of the parents/guardians and children. As your child will be taking part in ([Figure Skating Camp Peurunka, Finland](#)) to take place ([Peurunka, Laukaa, Finland](#)) we would like to ask for your consent to take photographs/videos of the event or activity that may contain images of your child. It is likely that these images may be used as

- a record of the activity or the event
- in a written evaluation report of the activity or event that will be viewed by ([Peurunka, Organizer of the Practice and other Participants of the Camp or Institute Peurunka, Laukaan Betoni Arena / Icerink](#))
- publicity material for further activities or events on Facebook/websites/Instagram
- illustrations of the activities or events in published articles
- future grant applications

The (*organization*) will take all steps to ensure these images are used solely for the purposes they are intended. If you become aware that these images are being used inappropriately, please inform the (*organization*) immediately.

We would be grateful if you would return this form to us by the 28.02.19.

- I (_____) consent to ([Figure Skating Camp Peurunka](#)) photographing or videoing (_____ *Name of the Athlete*)
- I (_____) consent to (*Organization*) photographing or videoing my involvement in ([Figure Skating Camp Peurunka, event or activity](#))
- I (_____) do NOT consent/ do NOT agree with any of the above points.

Date, place, signature of skater or parent (if the skater is under 18 years)

Data protection

I agree that the coaching Team, as the responsible entity, will use the personal data collected, such as name, surname, date of birth, address, e-mail address, telephone number and bank details, exclusively for the purpose of administering the training camp. A data transmission to third parties does not take place. A data use for advertising purposes also does not take place. Upon termination of training camp, the personal data will be deleted, unless they must be kept in accordance with the tax regulations. Each participant has the right to information about the personal data, which are stored to his person in the context of the provisions of the Federal Data Protection Act. In addition, the participant has a correction right in case of incorrect data.

Date, place, signature of skater or parent (if the skater is under 18 years)

Declaration of use E-mail address and telephone number

I agree that coaching Team, as responsible, uses my e-mail address and, if collected, my telephone number for the purpose of communication. A transmission of e-mail address and telephone number is not carried out.

Date, place, signature of skater or parent (if the skater is under 18 years)

Copyright Notice

I agree that coaching Team, as responsible, may post images and / or video footage of training camps or collaborative activities as part of the web training campsite, other publications, and distribute them to the press for publication without special permission, Illustrations of named individuals, however, require the consent of the depicted persons.

Date, place, signature of skater or parent (if the skater is under 18 years)